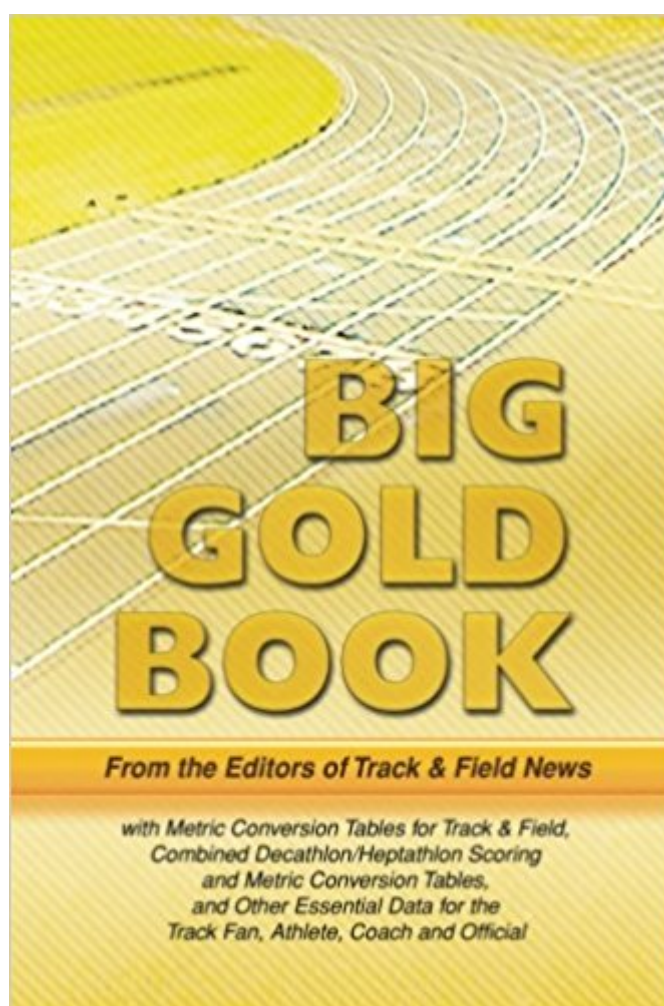


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Track & Field News' Big Gold Book: Metric Conversion Tables For Track & Field, Combined Decathlon/Heptathlon Scoring And Metric Conversion Tables, And ... The Track Fan, Athlete, Coach And Official





Synopsis

The Big Gold Book is the American track & field fan's essential companion. The heart of the book is the tables: metric conversions for track & field and combined decathlon/heptathlon scoring and metric conversions. Plus basic t&f rules, equipment specifications, various useful charts such as metric-English equivalents, temperature conversions, pacing tables, much more. Updated 2017.

Book Information

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Great to have for track meets

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